

## ABSTRACT

The present invention relates to a drug containing edible acid and/or acidic salt as active agent to treat and alleviate immune diseases by lowering the humor pH; to improve individual immunity by uses of drug, food, drink or health care products, which are made from said edible acid and/or acidic salt, or the acidic fruits containing thereof, or their products; foods lowering the risk of hypersensitivity and their preparation methods; drug to lower the humor acidity and to treat or alleviate disease caused by insects bite; that also to be drug for cold, drug for inflammation; drug for skin inflammation, drug for bath agent, agent for treating skin-contacting material such as clothing and groove, drug for skin releasing, and drug for cardiovascular thrombus disease.